What is claimed is:

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- 1. A backboard pad comprising:
- a) a plurality of gel-filled pads, including first and second scapula pads, a buttocks pad, a heel pad and a headrest pad;
- b) an inflatable lumbar pad;
 - c) an inflatable knee pad; and
 - d) a base pad supporting said gel-filled pads and said inflatable pads, said base pad being positionable on a backboard for placement beneath a patient.
- 2. The backboard pad of claim 1, wherein said scapula pads are spaced on either side of a longitudinally aligned spinal trough.
 - 3. The backboard pad of claim 1, wherein said gel-filled pads are comprised of bladders filled with a gel selected from the group consisting of urethane gels, silicone gels, and thermoplastic elastomers.
- 4. The backboard pad of claim 1, wherein said inflatable pads are15 comprised of a bladder having a valve stem connectable with a source of compressed air.
 - 5. The backboard pad of claim 1, wherein said base pad is formed of a gel.
 - 6. The backboard pad of claim 1, wherein said base pad includes gel pad openings, said scapula pads, buttocks pad and heel pad being within said openings.
- 7. The backboard pad of claim 1, wherein said knee pad is longitudinally adjustable.

- 8. A backboard pad for use in transporting immobilized patients on a backboard having side edges with handholds along said side edges and a top surface, said backboard pad being comprised of:
- a) a base pad having an upper end, a lower end, a longitudinal axis, and opposed side edges positionable inwardly from said backboard side edges to expose said handholds, a bottom surface positionable on the top surface of said backboard, and a top surface substantially parallel to said bottom surface;

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- b) a plurality of gel-filled pads secured to said base pad, said gel-filled pads including first and second scapula pads positioned on either side of the longitudinal axis of said base pad, a buttocks pad between said scapula pads and the lower end of said base pad, a heel pad between said buttocks pad and the lower end of said base pad, and a head pad between said scapula pads and the upper end of said base pad;
- c) an inflatable lumbar pad secured to said base pad between said scapula pads and said buttocks pad; and
- d) an inflatable knee pad slidably mounted on said base pad for longitudinal movement between said buttocks pad and said heel pad.
- 9. The backboard pad of claim 8, wherein said gel-filled pads are comprised of bladders filled with a gel selected from the group consisting of urethane gels, silicone gels, and thermoplastic elastomers.
- 20 10. The backboard pad of claim 8, wherein each of said inflatable pads are comprised of a bladder having a valve stem connectable with a source of compressed air.

- 11. The backboard pad of claim 8, wherein said base pad is formed of a gel.
- 12. The backboard pad of claim 8, wherein said base pad includes gel pad openings, said scapula pads, buttocks pad and heel pad being within said openings.
- 13. A patient carrier for use in transporting immobilized patients comprising:

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- a) a backboard having side edges with handholds along said side edges and a top surface;
- b) a base pad having an upper end, a lower end, a longitudinal axis, and opposed side edges positionable inwardly from said backboard side edges to expose said handholds, a bottom surface positionable on the top surface of said backboard, and a top surface substantially parallel to said bottom surface;
- c) a plurality of gel-filled pads secured to said base pad, said gel-filled pads including first and second scapula pads positioned on either side of the longitudinal axis of said base pad, a buttocks pad between said scapula pads and the lower end of said base pad, a heel pad between said buttocks pad and the lower end of said base pad, and a headrest pad between said scapula pads and the upper end of said base pad;
- d) an inflatable lumbar pad secured to said base pad between said scapula pads and said buttocks pad; and
- e) an inflatable knee pad mounted on said base pad between said buttocks20 pad and said heel pad.
 - 14. The carrier of claim 13, wherein said knee pad is slidably mounted on said base pad for longitudinal movement between said buttocks pad and said heel pad.

- 15. The carrier of claim 13, wherein said gel-filled pads are comprised of bladders filled with a gel selected from the group consisting of urethane gels, silicone gels, and thermoplastic elastomers.
- 16. The carrier of claim 13, further including restraining straps for securinga patient onto the top surface of said backboard pad.
 - 17. The carrier of claim 13, wherein each of said inflatable pads are comprised of a bladder having a valve stem connectable with a source of compressed air.
 - 18. The carrier of claim 13, wherein said base pad is formed of a gel.
- 19. The carrier of claim 13, wherein said base pad includes gel pad openings, said scapula pads, buttocks pad and heel pad being secured to said base pad within said openings.
 - 20. The carrier of claim 13, further including a head restraint strap with a gel-filled cushioning pad positionable on the front of the patient's head.